

Your Personal Business Satisfaction Quiz

Check Box

- Q1 T F I'm proud of myself for building my business but the day to day work in the business brings me little fun or excitement
- Q2 T F I feel like I give my business too much and I'm just not getting enough back
- Q3 T F When I look ahead with this business all I can see is more of the same and I don't feel inspired
- Q4 T F I often feel like my business is running me and I'm not running it.
- Q5 T F Not just that, it's running me ragged and I'm exhausted
- Q6 T F If this business was a job, I would want to quit
- Q7 T F I feel like this business has trapped me and I'm not doing work I love or even enjoy
- Q8 T F I find myself getting annoyed with the demands of clients and team and wish I could work with different people
- Q9 T F I've reached a plateau in this business and I'm not growing
- Q10 T F I'm frustrated that I'm not able to do the meaningful work that I really want to be doing to contribute to the lives of others
- Q11 T F I have "business envy" when I see people doing stuff in their business that I would love to be doing.

More "True" than "False?" You're not a whiner and you're definitely not alone. I've been through this and so have many of my friends.

Don't suppress these negative feelings, apart from the fact it's not healthy, they are messages that you're ready to change and perhaps transition your business.

Take this first step to immediate improvement - join the free "Business Bliss" challenge with a short task each day for 11 days.